



TOWN OF COLCHESTER

Commission on Aging
95 Norwich Ave., Colchester, Connecticut 06415
(860) 537-3911

Where Tradition Meets Tomorrow

RECEIVED
COLCHESTER, CT
2011 FEB 16 AM 8:40

Nancy A. Bray
NANDY A. BRAY
TOWN OF COLCHESTER

Colchester Commission on Aging Meeting Minutes

Monday, February 14, 2011 – Colchester Senior Center

Members Present: Chairperson Jean Stawicki, Sue Maikshilo, Rose Levine, Betty Ann Oppelt, Barbara Warden

Members Absent: Vice-Chair Theresa Hendricksen

Others Present: Patti White, Herb Davis

- 1. Call Meeting to Order:** The meeting was called to order by Chairperson Jean Stawicki at 1:07 p.m.
- 2. Minutes:** Barbara Warden motioned to approve the regular meeting minutes of 1/10/11. Rose Levine seconded. All other members present voted in favor. MOTION CARRIED.
- 3. Financial Report:** No items were reported. Betty Ann Oppelt volunteered to report these figures to the Commission.
- 4. Chairman's Report:** No items were reported.
- 5. Senior Center Director's Report:** Patti White reported that she submitted the budget. There are several hearings and workshops coming up. The first one is on March 2nd at 7 pm. She will present her report to the Board of Selectmen on March 14th. The State of CT will announce its budget on Wednesday, February 16th and this will have an impact on budgets for the cities and towns. Patti will meet with Gregg Schuster and other department heads regarding the Community Services Department which will include senior services, youth services and parks and rec. They will discuss how to accomplish a transition that offers the most amount of programs with the best efficiency possible. The Center hosted a lovely tea on February 14th. There was an interesting presentation on natural herbs. TVCCA just sent out fliers with their meals for the Friendly Visitors program. Patti is expecting to see this take off in the spring. The memories program is going really well. They are applying for funding for next year. The Senior Center Study Group had to cancel the February meeting because several members were ill. They are expecting to have their recommendation soon.

Patti asked about setting a date to host a program concerning caring for a loved one with Alzheimer's or dementia. The Commission decided on Wednesday, March 23rd, with a possible second date in April or May.

Patti also reported that they are applying for funding for a wheelchair accessible van. They currently have a bus that is wheelchair accessible.

Patti has been tracking the unduplicated number of people using the center and the numbers are increasing. She said the computer program is very popular and has a waiting list.

Betty Ann Oppelt motioned to approve the Senior Center Director's Report. Barbara Warden seconded. All other members present voted in favor. MOTION CARRIED.

6. **Old Business:** There was discussion regarding goals for the Commission on Aging. Several ideas came out including creating a pamphlet with simple directions and contacts organized to help families navigate through the system to bring seniors home from the hospital rather than discharged to nursing homes. Also, increasing the intergenerational programming which would benefit both the community and seniors.
7. **New Business:**
 - A. **Keeping Seniors at Home Program:** Date set in Senior Center Director's Report.
 - B. **Budgeting for Programs:** This item was not discussed.
8. **Adjournment:** Sue Maikshilo motioned to adjourn the meeting at 2:36 pm. Barbara Warden seconded the motion. All other members present voted in favor. MOTION CARRIED.

Respectfully submitted,



Michelle Komoroski